



Social Media: Challenges for Parents Take Home

Dr. Maureen Griffin
B.A. M.A. Ph.D.
Forensic Psychologist
Director MGMS Training Limited
www.mgmstraining.ie

Irish Perspective

Cybersafe Kids Survey 2022 (4,500 children aged 8-12 years)

- 95% owned **their own** smart device
- Almost 1 in 3 pre-teen boys are **playing over 18 online games**
- 64% said they have been **contacted by a stranger** in an online game
- 26% report they have friends/followers they **don't know** in real life
- 20% state they have seen something they wouldn't want their parents to know about



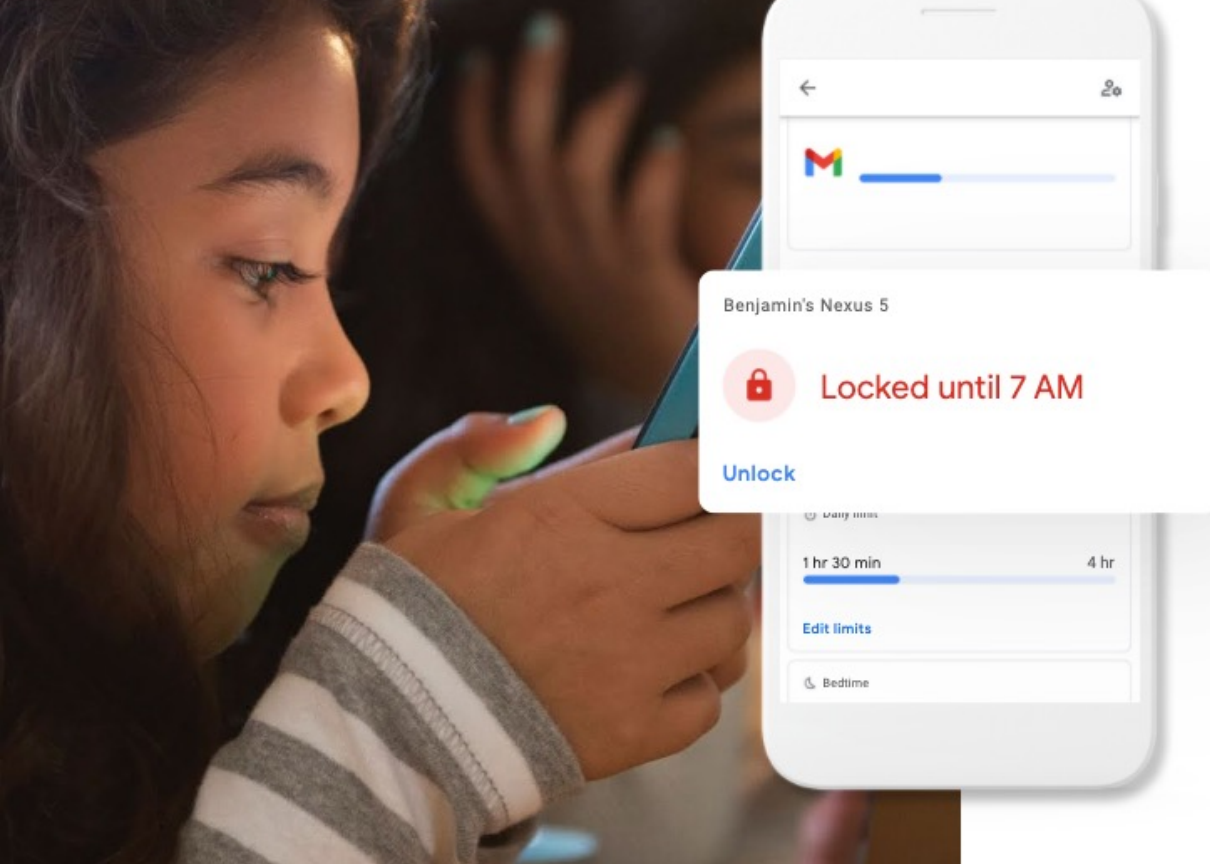
What To Watch

- ✓ **Age of Use**
 - ✓ Digital Age of Consent Ireland -16 years
 - ✓ Parents should have password for all App Downloads <16 years
- ✓ Strong passwords & keep private;
- ✓ Enable Two Factor Authentication 2FA;
- ✓ **Privacy Settings** –default option?
 - ✓ Can change after update
- ✓ Terms and Conditions;
- ✓ Friends/Followers -do you know them?;
- ✓ Type & Volume of Content shared –set rules
 - ✓ Location/sharing on holidays etc.



Forms of Cyber-bullying experienced by Irish Students

- **“Frapping” & Catfishing**
 - Sharing passwords/username
 - Not logging off properly
- **“Outing”** (e.g. Snapchat & screenshots)
- **“Sub-tweeting”** (e.g. group messages on Snapchat/WhatsApp)
- **Exclusion**
- **Anonymous Apps**



Keep an eye on screen time

Set limits

Lock their device

Whether it's time to go play outside, have dinner, or just spend time together, you can remotely lock a device whenever it's time to take a break.

Action Plan –Take Homes

- Enable Family Sharing (Apple) Family Link (android) and/or download a Parental control App (e.g. Screen time)
- Family Sharing <https://www.apple.com/families/>
- Family Link <https://families.google.com/familylink/>
- Screen Time App <https://screentimelabs.com/>

Instagram

App review by Liz Panarelli, Common Sense Media



Common Sense says

age 15+



Great app makes sharing pretty, private photos all too easy.

iPhone, iPod Touch, iPad, Android | Free | Photo & Video

Save | Rate app

Parents say

age 13+



Based on 136 reviews

Kids say

age 12+



Based on 329 reviews

Get it now

Common Sense is a nonprofit organization. Your purchase helps us remain independent and ad-free.

SHARE



A LOT OR A LITTLE?

The parents' guide to what's in this app.

A+ Educational Value

Ease of Play

Violence

FOR KIDS WHO LOVE CREATIVITY

Journal Apps, Online Diaries, and Digital Scrapbooks
Best Creative Apps

TALK TO YOUR KIDS ABOUT ...

- Families can talk about being smart about what and how they [share on Instagram and online](#) in general. We have some great tips on safety and being a good digital citizen.
- Check out photography books from the library for kids who want to learn more about lighting, mood, and so on.
- Talk about using features responsibly. Is it okay to livestream? How can you use the polling stickers in a fun way that won't hurt any feelings?

Common Sense Media

- Provides age recommendations, reviews and pointers on what you need to watch/talk about
- Covers lots of topical issues and popular Apps, Games, Films and books



Action Plan – Take Home

- ✓ Internet Decisions –scenarios and how best to respond
- ✓ *Recommended Best Practice*” for parents
- ✓ Discuss what is unsafe to share online “**Do Not Share list**”
- ✓ **The Granny Rule**

Thank you for listening



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